

## Spa Packages

The Woodlands Classic Collection	\$299
The Summit	\$299
The "Been There, Done That"	\$435
The Nature's Elements	\$355
The All Day "Do-Over"	\$390
The Woodlands Man	\$340
The Vital Life	\$479
The Mystic Touch	\$255
Optimal YOU	\$225

## Skin Care Specialties

Aroma Facial	50 min.	\$125
Brightening Treatment	50 min.	\$125
Delicate Facial	50 min.	\$125
The Vitamin Cocktail	80 min.	\$190
Woodlands GQ Facial	50 min.	\$120
Woodlands Personalized Facial	50 min.	\$120
	80 min.	\$190
Woodlands Express Facial	25 min.	\$75
The VIE Facial	80 min.	\$195
Back to Back	50 min.	\$120
Couples Facial	50 min.	price varies per massage
	80 min.	price varies per massage

## Solitone® Led/Microcurrent Therapy

LumiLift	25 min.	\$90
	50 min.	\$150
	80 min.	\$230
LumiLight	25 min.	\$90
	50 min.	\$150
	80 min.	\$230

## Hair Removal

Bikini Wax	\$40
Brow, Lip, Chin, Cheek areas	\$35 each
Brow, Lip, Chin, Cheek areas (with facial)	\$25 each
Half Leg or Half Arm	\$45
Full Leg	\$75
Underarm	\$30
Back	\$75

W O O D L A N D S

**SPA**

AT NEMACOLIN WOODLANDS

**2008**  
Rates and  
Packages



**NEMACOLIN**  
WOODLANDS RESORT

1001 LAFAYETTE DRIVE  
FARMINGTON, PA 15437  
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WOODLANDS RESORT

## The Massage Experience

Swedish Massage	50 min.	\$110
	80 min.	\$155
Prenatal Massage	50 min.	\$110
	80 min.	\$155
Hot Stone Massage	50 min.	\$130
	80 min.	\$175
Aromatherapy Massage	50 min.	\$125
	80 min.	\$175
Sports Massage	50 min.	\$130
	80 min.	\$175
Couples Massage	50 min.	price varies per massage
	80 min.	price varies per massage
Shiatsu Massage	50 min.	\$125
Thai Massage	50 min.	\$125
Deep Tissue Massage	50 min.	\$130
	80 min.	\$175
Mystical Massage	80 min.	\$175
Spa Reflexology	25 min.	\$75
Ten Toe Touchdown	50 min.	\$110
Kiia Body Work	110 min.	\$295
Woodlands Hot Stone Shirodhara	110 min.	\$275
Lomi Lomi Massage	80 min.	\$175
Dream Catcher	105 min.	\$250
Guided Massage (per couple)	110 min.	\$250

## Well Being

Cranial Sacral Therapy	50 min.	\$125
Reiki	50 min.	\$125
Echos of the Earth	25 min.	\$75
Echos of the Universe	45 min.	\$120
Vitality Therapy	80 min.	\$180
	110 min.	\$270

## In-Room Treatment

Swedish Massage	50 min.	\$200
	80 min.	\$250
Aromatherapy/Deep Tissue/Sports	50 min.	\$215
	80 min.	\$290
Children's Massage	50 min.	\$185

## Body Rituals

Aroma Body Parraffin	50 min.	\$125
Spa Sauna Body Bliss	80 min.	\$180
Nature's Essentials Body Polish	50 min.	\$125
Refresher Body Polish	25 min.	\$75
Woodlands Body Polish	25 min.	\$75
Detoxifying Rhassoul Mud Wrap	50 min.	\$125
Red Flower® Japan Body Ritual	80 min.	\$180
Red Flower® Hammam Body Ritual	80 min.	\$180

## Body KURS

Thermal Mineral Kur	100 min.	\$225
Woodlands Wellness Kur	100 min.	\$225
Lavender Indulgence	50 min.	\$130

## Hydrotherapy

Woodlands Wellness Bath	25 min.	\$65
Therapeutic Thermal Mineral Bath	25 min.	\$65
Water Path Ritual	25 min.	\$50

## Ayurvedic Experiences

The Laurel Rebalancer	80 min.	\$175
Falling Into Nirvana	80 min.	\$185
The Highlands Emersion	90 min.	\$200

## Fitness

Better Back and Abs	30 min.	\$45
Personal Trainer	50 min.	\$75
Pilates Mat Intro	30 min.	\$45
	50 min.	\$75
Yoga for Runners	30 min.	\$45
Streetside Self-defense	50 min.	\$75
Lifestyle & Weight Management Consultation	75 min.	\$115
Women, Exercise & Metabolism	50 min.	\$75
Take Home Fitness Program	50 min.	\$75
Squash Court Fee	60 min.	\$15

## Health and Nutrition

Optimal Nutrition & Fitness Assessment	110 min.	\$140
Optimal Weight Loss	50 min.	\$75
Optimal Energy	50 min.	\$75
Optimal Immunity	50 min.	\$75
Optimal Supplements, Vitamins, Minerals and Herbs	50 min.	\$75
Optimal Skin	50 min.	\$75

## The Salon Experience

	Master Stylist	Salon Stylist
Ladies' Haircut & Style	from \$85	\$60
Men's Haircut & Style	\$55	\$40
Children's Haircut (ages 10 and under)	—	\$25
Shampoo & Style	\$45	\$35
Blow Dry & Straightening	\$70	\$70
Art of Up-do with Thaddeus	\$75	—
Up-do/Braiding	—	\$50
Single-Process Color	\$85	\$65
Highlighting	\$200	\$125
Corrective Color	— by consultation	—
Scalp Treatment only	30 min.	\$60
With Shampoo & Style	55 min.	\$100

## Natural Nail Care

Nail Repair	\$5 per nail
"Fat Bird" Polish Change	\$15
French Upgrade (odd to any Mani or Ped)	\$10
Spa Manicure	25 min. \$35
Spa Pedicure	50 min. \$55
Hydrating Manicure Odyssey	50 min. \$50
Hydrating Pedicure Odyssey	60 min. \$65
Sports Pedicure	50 min. \$60
Signature Manicure	50 min. \$60
Signature Pedicure	80 min. \$110

## The Art of Maquillage

Make-up Application	45 min.	\$65
Make-up Lesson/Transformation	60 min.	\$95